



WORKSHOPS / EVENTS – Term 1 2020



MT MARTHA FARMERS & COMMUNITY TWILIGHT MARKET

Friday 17 JANUARY 3pm-7pm (grounds MMHCC) 3rd Friday of the month Jan-Mar 20th

The market provides a convenient place for locals to shop between the larger monthly Farmers' Market on the 1st Saturday of the month, whilst connecting shoppers to a diverse range of workshops, classes, courses and club activities on offer at Mount Martha House Community Centre.

Bring the family along for an early dinner, buy delicious local produce and handmade crafts, enjoy the ambience and become more involved in the community all in one place!

Proudly plastic bag and waste free.

MT MARTHA FARMERS MARKET - Saturday 1 FEBRUARY 8.30am-12.30pm



BOAT LICENCE COURSE INCLUDING PERSONAL WATERCRAFT ENDORSEMENT

Wednesday 5 FEBRUARY 6pm-10pm

A course with Australian Boating College is the best way to obtain your boat licence. Bob Wealthy, your instructor, is a Commercial Skipper, and the courses are conducted in a friendly relaxed atmosphere.

Bookings / enquiries Bob, Somerset Training Pty Ltd 0417524005



'UNDERSTANDING AND GROWING THROUGH GRIEF'

Friday 14 FEBRUARY 11am-1pm

Participants will learn about the paradoxical nature of grief, and that there is no right way to grieve. The latest 'models of grief theories' will be explored. Many self-care practices and honouring rituals will also be presented. The overall aim is to de-mystify the grief process.

Facilitator: Su-Rose - trained / qualified experienced grief & loss Counsellor (Masters in Counselling – Monash University)

\$5 per person –(includes Devonshire Tea)

Bookings essential mountmarthahouse@mornpen.vic.gov.au / **5974 2297**

MT MARTHA FARMERS & COMMUNITY TWILIGHT MARKET Friday 21 FEBRUARY 3pm-7pm



SPIRITUAL BEGINNINGS

Saturday 22 FEBRUARY 10am – 3pm

Will provide a safe, secure, nonjudgmental environment with like-minded people. Prepare to enhance your own personal growth and development. We are about sharing and growing together. Join us for a fun filled day to ignite your flame within. There will be lots of hands on exercises SO get ready to explore and AWAKEN YOUR INTUITION. Empowering Yourself; Create Your Toolbox; Learn to Tune into Your Senses; Protect Ground & Cleanse; Meditation; Chakra Balancing; Crystals; Hands on Exercises; Trust; Building Confidence; Fear and How It Can Hold You Back; Knowing the Clair's; Intuitive Writing; Sharing and Growing; Psychometry; Connect with Guides and Loved Ones; Oracle Cards

\$100 per person (incl. light lunch)

Enquiries Marty on 04 1284 5193 / yourspiritualbeginnings@gmail.com / www.spiritualbeginnings.com.au
[yourspiritualbeginnings](http://yourspiritualbeginnings.com.au)



MAKE-UP APPLICATION FOR OVER 50s'

Thursday 5 MARCH 10.30am-12.30pm

"Makeup application for over 50s"

Learn to apply makeup correctly and easily to suit your skin tone and eye. colour.

FREE OF CHARGE (incl. Devonshire tea)

Enquiries dani24@tpg.com.au

Bookings essential mountmarthahouse@mornpen.vic.gov.au / **5974 2297**

MT MARTHA FARMERS MARKET – Saturday 7 MARCH 8.30am-12.30pm



CREATING YOUR WELLBEING

Saturday 7 MARCH 9am-4.30pm and Sunday 8 MARCH 9am-1.00pm

- Explore in a safe environment what is 'Wellbeing' through open discussion
- Identify patterns/habits that no longer support your wellbeing
- Through guided meditation create a Mandala symbolically representing your new patterns/habits
- Explore what foundations and motivators you require to support your new patterns
- Experiment with different art mediums/materials and approaches
- Create your own visual aide, an art piece symbolically representing your 'Wellbeing'.

All that is required is willingness to step into the unknown. The workshop will be limited to seven participants. No previous art experience required.

\$90 per person

Bookings and enquiries Beata Wacek creativeliberation11@gmail.com / **0419 366 474**

MT MARTHA FARMERS & COMMUNITY TWILIGHT MARKET - Friday 13 MARCH 4pm-8pm

A Women's Enlightenment Day – 'THE POWER OF YOU'

Saturday 14 March 10am-4pm

A Women's Enlightenment Day of Self Discovery, Transformation, Freedom.

Getting you to achieve your full potential

Presenter Wendy Ann Gold – Muse, Enlightenment Coach, Author, Speaker, travels the world empowering women, You, to Own Your Power and Create Your Dreams

\$125 per person (Includes lunch and refreshments)

Bookings essential 9513 1229



WORKSHOPS / EVENTS – Term 1 2020



BUS TRIP - BILLY ELLIOT THE MUSICAL - REGENT THEATRES

Wednesday 18 MARCH 10.30am-12.30pm

Featuring music by the legendary Elton John, book and lyrics by Lee Hall, choreography by Peter Darling and direction by Stephen Daldry, Billy Elliot the Musical has been seen by over 12 million people worldwide. Acclaimed by audiences and critics alike, it is the recipient of over 85 awards internationally. Billy Elliot the Musical is an extraordinary theatrical experience that has captivated audiences around the world. Set in a northern town during the miners' strike of 1984/5, the show follows Billy's journey from the boxing ring to ballet class where he discovers a passion for dance that unites his family, inspires his community and changes his life forever.

\$100 per person (Must hold Seniors Card - monies payable 20 January)
Bookings essential mountmarthahouse@mornpen.vic.gov.au / 5974 2297



BUS TRIP - THE BROADWAY I LOVE - FRANKSTON ART'S CENTRE

Friday 20 MARCH 10.30am-12.30pm

Star Australian tenor Roy Best gets to sing all the classic hit songs including Music of the Night, Sun & Moon, superstar, think of Me and Everything's alright from your favourite musical like Phantom of the Opera, Les Miserables & Cats to name a few. He will also pay tribute to some of his favourite composers Lloyd Webber, Lerner & Lowe, Cole Porter, Leonard Bernstein and more. Roy will be joined by international soprano Alison Jones and popular Chris McKenna

\$41.50 per person (Must hold Seniors Card - monies payable 18 February)
Bookings essential mountmarthahouse@mornpen.vic.gov.au / 5974 2297



BUSY WORKING WOMEN' MAKEUP WORKSHOP

Saturday 21 MARCH 10.30am-12.30pm

Learn how to apply makeup, quickly, easily and affectively to suit your skin tone, eye colour and lifestyle. All makeup supplied.

FREE OF CHARGE (incl. Devonshire tea)
Enquiries dani24@tpg.com.au

Bookings essential mountmarthahouse@mornpen.vic.gov.au / 5974 2297



REIKI 1

Saturday 21 and 28 MARCH 10am-5pm

Reiki is a gentle yet powerful healing system, that teaches you how to work with universal life force energy to bring balance and healing.

Reiki Level 1 is the beginning of a gentle yet powerful healing journey where we learn how to work with universal life force energy to bring balance and healing back to our energetic system. It is the first step in healing where we gain an energy awareness of our own being and learn the techniques for self-healing, along with how to give a Reiki Treatment to others as well.

\$350 per person (incl. morning and afternoon tea) Bookings essential Bookings:Si.ellingworth@outlook.com / 0403 960 849



GET TO KNOW OUR CITY - Learn about the history of Melbourne East

FRIDAY 3 APRIL 1.30pm-3.00pm

Ana Greeno, a qualified tour guide invites you to a presentation to learn Old Treasury Building; Parliament; St Patrick's Cathedral; St Peter's Church; Synagogue; Fitzroy Garden; Princess Theatre; Windsor Hotel

\$10 per person (incl. Devonshire tea)

Bookings essential mountmarthahouse@mornpen.vic.gov.au / 5974 2297

EASTER - FRIDAY 10 APRIL to MONDAY 13 APRIL



ADVANCED CARE PLANNING AND IN HOME CARE SERVICES

Friday 17 APRIL 9.30 am-12.00 noon – Mount Martha House Community Centre

9.30am-10.30am Advanced Care Planning presented by Peninsula Health

A subject that you need to talk about do it and then forget. It is a way to let your family and doctors know how you want to be cared for if you become unable to make decisions for yourself. It is about planning for a time when you may be very sick or frail.

11am-12 noon Presentation on the My Aged Care process and the pathways to care options available to you and your family. Whether you are thinking of applying for a Home Care Package, currently have a package and want to maximise its value or are interested in private care, facilitator will be happy to answer any questions you may have.

FREE OF CHARGE (incl. Devonshire tea)

Bookings essential mountmarthahouse@mornpen.vic.gov.au / 5974 2297



BUS TRIP - SALUTE ANZAC - FRANKSTON ART'S CENTRE

Friday 24 APRIL

This production features many of the hit songs, stories, and laughter that came from World Wars 1 & 11 and Vietnam all with a backdrop of incredible images. A stunning cast led by narrator Chris McKenna, tenor Roy Best musical theatre stars Jaz Flowers, Alison Jones & Caroline Vercore. This production will be a highlight leading up to Anzac Day. Venue Frankston Arts Centre

\$41.50 per person (Must hold Seniors Card - monies payable 22 MARCH)

Bookings essential mountmarthahouse@mornpen.vic.gov.au / 5974 2297



BUS TRIP - SOUNDS OF RODGERS & HAMMERSTEIN - FRANKSTON ART'S CENTRE

Friday 15 May

A new production highlights the amazing team of Rodgers & Hammerstein. Starring Michelle Fitzmaurice and company, a stunning show featuring iconic musicals Carousel, South Pacific, The Sound of Music, Oklahoma and more. Venue Frankston Arts Centre.

\$41.50 per person (Must hold Seniors Card - monies payable 13 APRIL)

Bookings essential mountmarthahouse@mornpen.vic.gov.au / 5974 2297



1st Term - 2020 Programs and Activities – Tuesday 28 January to Friday 27 March

PLAYGROUP

Inviting Parents, Grandparents and carers of babies and pre-schoolers. Well-equipped play area with excellent resources, including a garden playground. Chance for care givers and pre-schoolers to have fun together and to meet others from the local community.

Every Tuesday and Thursday
9.30am – 11.00am

\$5 per family

Register your interest via email
mountmarthahouse@mornpen.vic.gov.au

CHILDREN'S AND FAMILIES

Bump2Baby Birthing Classes

Bump2Baby Birthing Classes was created to help expecting families on the Mornington Peninsula access Fun, Relaxed and Informative childbirth classes outside of the hospital/home setting.

1st Saturday of the month 10am-4pm
Bookings asfleming@live.com.au

Creative Moving for Kids

Our movement classes are contemporary dance based and our aesthetics stem from a focus in on integrity and authenticity - there is no pressure for you or your child to conform to a particular or idealised visual aesthetic.

Thursdays 10am-11am
Bookings info@loco-motion.com.au

Ballet

Dance School established 30 years. Dance classes offered for children from 3 years of age. We offer Creative Dance, RAD Classical Ballet, Jazz, Contemporary, Hip Hop styles and Acrobatics. We also offer VCE Dance All units.

Enquiries
vicki@mountmarthaschoolofdance.com.au /
5974 1498

Camera Club – 8 to 12 years old

Learn the rules of photography - then break them! Studio lighting - landscape - food - documentary - architecture/abstract photography.

\$125 for 5 sessions 4pm-5.30pm
Tues/Thurs 11 Feb/10 Mar to 12 Mar/9 Apr
Bookings Sandra Davis 0402 051 293 /
sandra@sandradphotography.com

Keep a kid in sport – old sports gear wanted

Rotary Club Mt Martha in collaboration with Good Sports are collecting balls, bats, racquets, boots, shoes, and apparel for kids in rural communities that wish for the sporting goods we throw out.

Collection bin at Mt Martha House reception

Art & Craft – 5 to 12 years old

Your child will be engaged in a variety of cool art and craft activities, including drawing, painting, collage and more. Guided by Claire, qualified Primary School teacher with Arts background.

Your child will be engaged in a variety of cool art and craft activities, including drawing, painting, collage and more. Guided by Claire, qualified Primary School teacher with Arts background.

Price Reduction! \$175 for 7 sessions
12th Feb – 25th March
Wednesdays 4.00pm-5.30pm
*Sibling discounts available
Bookings: www.trybooking.com/BFCZD

Tweens Art Klub – 9 to 12 years old

Grab a friend and come along to a fun Friday night out! We'll play games, make craft, make new friends and have lots of laughs.

\$25 per child, 6.00pm-8.00pm
*Sibling discounts available
Feb 14th - Valentine's
March 13th - TBA
Enquiries 0416 220 567 /
contact@compelledtcreate.com.au



1st Term - 2020 Programs and Activities – Tuesday 28 January to Friday 27 March

After School Drama Classes

The teacher will provide an environment that stimulates creativity, curiosity and a growth mindset. The ability to concentrate, critically think and speak out is nurtured. Essential life skills like collaboration, self-regulation, and citizenship are further developed.

Thursdays 5pm-7pm

Enquiries 0408 460 558

DISCUSSION AND WRITING

Book Chat

Come for a cuppa and a chat, meet other locals who enjoy reading. The opportunity to donate to the MMH bookcase will also be available, for all to share and enjoy.

Seeking Expressions of Interest

mountmarthahouse@mornpen.vic.gov.au

Mount Martha Poets & Writers

Mount Martha Poets and Writers is a group for writers interested in both poetry and prose. This encouraging group provides a place for you to read your work, and if you wish, to receive constructive, and respectful feedback.

3rd Sunday of the month - 3.00pm - 5.00pm

16/02, 15/03. Enquiries

LANGUAGE

Italian for Conversation

A soft paced and easy approach to the Italian language, tailored for the mature traveller, will get you talking from lesson one. With 15 years experience teaching adults, your native tutor will take the stress away and lead you step by step in a relaxed and supportive environment.

Total Beginners

Tuesday 1.00-2.30 pm and 6.30-8 pm

Level 2 Beginners

Wednesday 6.30-8.00 pm

Intermediate

Thursday 6.30-8.00 pm

\$210 for 7 tutored lessons

Enquiries katig.tempesta@gmail.com

French for Conversation

French lessons for beginners, intermediate or advanced level with an experienced native French teacher. Engaging and interactive lessons in a friendly and relaxed environment.

Level 2 Beginners - Wednesday 1-3pm

Intermediate - Wednesday 3-5pm

\$280 for 7 tutored lessons

Enquiries Remi_Gourdel@hotmail.com

Plastic Bread Tags needed

Plastic bread tags are needed to purchase some specialised recycling to fund wheel chairs in South Africa. The Mt Martha Community Bank- Bendigo Bank has very kindly offered to be the local collection point and BERG MM volunteers will take care of transporting the tags to a collection point in Melbourne

SOCIAL ACTIVITIES

Over 55's Social Club

A relatively small club which makes for a friendly, vibrant and caring environment for members. Take part in numerous activities including carpet bowls, cards and not least of all good conversation. Come along & visit us!"

Thursdays 1pm-4 pm. \$5 membership

Mt Martha-Mornington Chess Club

We are a friendly chess club, we welcome players of all ages and strengths.

Every Monday, 1pm-4 pm. Enquiries 5975 8938.

Mount Martha Scrabble Club

Looking for something to do on a Tuesday afternoon. Come along to play a game of scrabble. All you need is a desire to play and have fun!"

Tuesdays 1pm-4 pm. Enquiries 0402081466

Mount Martha Mah-jong Support Group

The Mah-jong Club meets weekly to play its namesake ancient Chinese game. We're here for experienced players to hone their skills and for new players to learn this fun game. We also aim to foster friendships through the game.

Mondays, Tuesdays, Wednesdays 1 pm-4 pm

Enquiries

mountmarthahouse@mornpen.vic.gov.au



1st Term - 2020 Programs and Activities – Tuesday 28 January to Friday 27 March

MUSIC AND DANCE

Community Singing Group!

Let's Sing 4 Fun

Don't say you can't sing! If you can sing Happy Birthday come & sing with us. We sing just to have fun. If you enjoy singing along to music at home or in the car, that's all you need to join in the fun. Guided by a qualified singing teacher **Don't have to book. Just turn up.**

Mondays 7pm-8.30pm. Cottage rear of house
First session free. \$10 pp thereafter

Peninsula Recorder Ensemble

Led by Beate Lackmann, The Peninsula Recorder Ensemble was founded in 2017. Sharing an interest in recorder music, we gather on a weekly basis to play as an ensemble and hold biannual concerts to celebrate the music we have practised. New members welcome!

Wednesdays 7pm-8.30pm

Enquiries  beatelackmann@gmail.com

EXERCISE

Fifty to Infinity

Exercise to music classes for over 50's using low impact moves to promote strength, balance, fitness and coordination. No booking required. Wear comfortable clothes and shoes

Mondays 9am-10am. \$12 casual

Enquiries **Suzanne Emanuel Reg Group Fitness Leader and Older Adult Trainer BA Nursing**
0416 148 853

Social Walking Group

Inviting all community members – no age limit. Go for a leisurely walk with other friendly people in the community. An enjoyable and safe way to exercise. Don't forget to wear comfortable shoes. Meet opposite tennis courts near public toilet. No bookings required. Just turn up.

Monday, Wednesday and Friday 9.15 am

Tai Chi

Tai Chi strengthens all parts of the body with its gentle, circular movements. The slow, deep breathing stimulates energy flow and allows for focus and calmness. Classes are suitable to novices through to the seasoned. You are guided by a leader.

Thursdays 1.30pm-2.30pm (excl. first Thursday month) Bookings Essential

Register your interest via email

mountmarthahouse@mornpen.vic.gov.au

Studio Barre Pilates

Barre Pilates is a total body workout fusing Pilates, ballet and yoga. Classes are designed to tone your entire body. We do weights, push ups, lots of leg work at the barre, floor core exercise and stretch and relaxation. All ages welcome.

Mondays 6pm-7pm / Fridays 9.30am-10.30am

Enquiries studiobarrepiles444@gmail.com /
0411508363

HEALTH AND WELLBEING

Meditation and Qigong

Release anxiety and stress from your life. Learn to let go of uncomfortable thoughts and feelings easily.

You will be guided each week through:

Relaxation exercises to let go of stress in the body;

- Breath work (learn breathing techniques that will switch the body from overdrive to stillness – YES you can experience this);
- Acupressure (learn to release tension and pain from your body); and gentle movements to let the body know that it is safe to relax.

Experience a better way of feeling - calm and relaxed.

Mondays 7.30pm-8.30pm. Comm 10/02
\$20 per casual class / \$90 (6 class pass pay upfront)

Bookings hello@creativeempowerment.com.au



1st Term - 2020 Programs and Activities – Tuesday 28 January to Friday 27 March

Community Vinyasa Flow Yoga

Focussing on lengthening and strengthening your muscles, building core strength and stamina, it will leave you feeling energised, balanced and refreshed. All levels welcome.

Mon, Wed, Fri 6.30am-7.30am

Tues, Thurs 6.30 pm-7.30pm

Saturdays 7.00am-8.00am

fionalansley@bigpond.com/ 0405103060

\$15 ongoing casual (\$125 10 class pass)

Yoga Flow Class

Experience connecting to your breath through mindful flowing movement. Create stillness & peace. Connect with your inner self. Reduce physical tension. Gain both flexibility & strength. All levels welcome.

Mondays 9.15am-10.15am

Bookings essential Leigh Apala 0425777129

\$20 ongoing casual (\$170 10 class pass)

Warrior Spirit Yoga

Yoga on a Tuesday evening is an accessible flow style yoga class with emphasis on looking after the body and mind and the intention of leaving the mat feeling better than when arriving upon it. Suitable for all fitness and flexibility and beginners are always welcome.

Tuesdays 7.30pm-8.30pm

Atraube4@gmail.com / 0400005044

Yoga and Relaxation

Gentle class of yoga poses, breathing practices to reduce stress and tension and yoga nidra a deep relaxation technique to relax and clear your mind and body. The class is suitable for everyone.

Please bring a yoga mat, cushion and blanket

Wednesdays 9.30am to 10.45am

Bookings Jan Winslade 0438743087

jan@janwindslade.com

\$20 ongoing casual

Yoga Body, Mind and Spirit

Can assist with increasing energy and vitality. Reducing stress and anxiety. Improving flexibility and strength. Yoga classes include Asana postures, pranayama breathing techniques, Yoga Nidra – deep relaxation meditation

Wed 7.00pm-8.15pm (excl. school holidays)

\$20 per casual class / \$60 (4 class pass)

Bookings Susie

0401841288/susiehero@gmail.com

Sahaja Yoga Meditation

Learn Sahaja Yoga Meditation for FREE. Easy to follow lessons to silence the mind and achieve peaceful inner meditation for all ages. No physical requirements, special equipment or postures required!

No booking required. Please come along.

Meet at Cottage (rear of building)

Thursday 6.30pm to 8pm.

Enquiries henshaw108@yahoo.com.au /

www.freemeditation.com.au

Kundalini Yoga

A healing and rejuvenating yoga - through Movement, Meditation and Mantra shake off tension and connect back to your true essence.

No prior yoga experience necessary! All levels & abilities welcome.

Yoga mats, cushions and blankets are all provided.

Saturdays 8am-9.30am

Bookings Marina 0416164912

\$20 ongoing casual

Mt Martha Meditation

Deep relaxing Meditation where Sarah teaches breathing techniques that calms and purifies your energy as well as strengthening the nervous system in preparation for meditation. blessing to earth and humanity, sending love, peace and protection.

Thursdays 10am fortnightly from 30th Jan and Saturdays 10am fortnightly from 8th Feb

Bookings: Si.ellingworth@outlook.com /

0403 960 849. \$20 ongoing casual



1st Term - 2020 Programs and Activities – Tuesday 28 January to Friday 27 March

SUPPORT GROUPS

Peninsula Men's Open Circle

A confidential, non-judgmental space for men to learn about building deeper connections with themselves, being real and having the courage to speak their own truth.

Wed 7pm-9pm

Meet at **Cottage (rear of building)**

Enquiries Chris Wynne 0400 614 065

Southern Women's Action Network (SWAN)

For women interested in deepening their knowledge of community issues and promoting action for social justice.

\$10 donation for a social justice cause

3rd Sunday of the month 9.30am-11.30am

(please check website as may change)

Enquiries www.swanwomen.org.au /

swanwomen@outlook.com

VISUAL ARTS

Art and Soul Group

It is through connection to our Soul that enables us to create. Art is a wonderful and empowering creative outlet that can resonate into other areas of an individual's life and self-expression. Beata has a unique and intuitive way through specific art processes and open discussion for you to harness a connection to your Soul revealing your innate creativity and self-expression.

There is an opportunity to become a member of the second Art and Soul group. Group will be limited to 7 participants. All you require is willingness to explore the unknown and commitment to attending each monthly group. No previous art experience.

Thursdays 9.30am-12.30pm

\$50 per session / \$130 per quarter (incl. materials)

Bookings and enquiries Beata Wacek

creativeliberation11@gmail.com / 0419 366 474

Creative Peer Support Group Painting with Parkinson's

Come and join our supportive social group and have some fun while exploring your creativity. Use various art mediums to engage you mind and body. Enjoy a chat and laughter over morning tea. No prior art experience needed

2nd and 4th Monday, 10am to 12 noon
(excl. school holidays and public holidays)

Wildlife Drawing

Suitable for beginners / intermediate

Learn a range of techniques with the emphasis on mapping out your drawing correctly structurally using angles, proportion negative and positive space. Exercises on tonal, linear and movement drawing.

Facilitator Allison Roche

Thursdays 7pm to 9pm

\$160 9 sessions (commencing 11 Feb)

Register and pay online

Mt Martha Brushies - EVENING CLASS! Social Painting and Art Group

Join other locals for a social art group on a Monday evening. Bring your own arty project and tools of choice (paints, pencils, charcoal, knitting, lego, a guitar) and work on it with others in a friendly and encouraging environment. No experience or talent necessary. It's just for fun.

Mondays 7pm-9pm Commencing 03/02

\$10 per session / \$50 10 sessions

Bookings and enquiries Lucy 0458 516 604

TEXTILES

Monday Boomers

Volunteers from all walks of life get together to make re-useable 'boomerang bags' using recycled materials to provide a sustainable alternative to plastic bags. No experience necessary, fun & FREE.

No booking required. Just come along.

Mondays, 1pm to 4pm.



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Mt Eliza Lace Group

Lace Group meets here. Beginners welcome. Come along and try bobbin lace. Create a piece, start with a bookmark, fish or snake or for the more advanced bring your own work.

No booking required. Just come along.

3rd Fri of the month 9am–12 noon

Knitting & Crochet Group

Come and meet other people whilst knitting or crocheting beanies, scarves and blankets for KOGO and other charity groups. Wool and patterns provided.

No booking required. Just come along.

Mondays 10am –12 noon

UFO group (Unfinished object!)

Do you have a cupboard full of unfinished patchwork, quilting, embroidery, knitting, sewing or craft projects that needs finishing? Spend time working on your project while catching up with other crafters.

No booking required. Just come along.

07/02, 21/02, 06/03, 20/03, 03/04

9am to 12 noon

Mt Martha Seaside CWA

The Country Women's Association (CWA) of Victoria Inc. is an organisation of women of all ages supporting women, children and families right across the Mornington Peninsula area as well as across Victoria/Australia. Mount Martha Seaside CWA Branch is the newest night branch within the Mornington Peninsula Group.

CWA is a vibrant, self-funded, volunteer philanthropic organisation with a focus on friendship, personal development and advocacy. We encourage members to support each other, make a difference in their communities and advocate on community issues, sustainable development and the protection of the environment, and social issues.

As a member of the Country Women's Association of Victoria, you're also part of a global network of women via the Associated Country Women of the World, which has non-government organisation status with several United Nations agencies.

2nd Wednesday of the month 7pm-9pm
(comm 19/02)

and a craft afternoon fourth weekend of the month
Enquiries mmseasidecwa@gmail.com

New members are welcome to attend three meetings or a mix of meetings and craft days before you become a member to see if CWA is something you would like to be a part of.

Boomerang Bags and the Knitting and Crochet group would greatly appreciate donations of material, wool, knitting needles, crochet hooks and patterns. Please drop off at office.

MT-MARTHA-MORNINGTON MODEL RAILWAY CLUB

Do you have an interest in railways and models? Join these enthusiastic hobbyists.

Meet every Tuesday @ 7.30pm

Thursday @ 2pm

Enquiries ghousden16@bigpond.com

Tours can be arranged

Bottle Caps to hands

Don't forget to collect your bottle caps so they can be re-made into prosthetic hands and sent to third world or war-torn countries by Rotary clubs.

Collect and wash your bottle tops from milk, soft drink, cream or supplement bottles etc. and drop them into our local collection point at Bendigo Bank, Mt Martha

DISCOVER YOUR FAMILY HISTORY

Discover your family ancestry with our personal historian who will assist you by exploring the world's largest collection of free family trees, genealogy records, extensive birth records, census data, obituaries and resources

Every Wednesday 10am-12.30pm

1/2 hourly appointments taken

Bookings essential 5974 2297 /

mountmarthouse@mornpen.vic.gov.au



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Rooming Houses

PCLC's Rooming House and Outreach program is looking for donations of toiletries, blankets, socks and mattress protectors for people that are less fortunate housed in rooming houses. Collection bin located in front reception of Mt Martha House

MT MARTHA HOUSE HISTORICAL TOUR

No trip to the Mornington Peninsula is complete without a visit to the Mount Martha House. The house was built on Mount Martha Estate subdivision in 1889 and was known as Mount Martha Coffee Palace. It was designed by well-known Melbourne architects Tappin, Gilbert and Dennehy.

The one hour guided tour takes you through the history of this magnificent grand building and its many uses. Alternatively, you can listen to the podcast and view the WRAAC replica room and history room at any time (rooms open during working hours - weekends not available except on advance notice).

We cater for schools and community groups from all over Australia and overseas. We are happy to be a guest speaker at your function. We collect, preserve and protect the people, history and heritage of Mount Martha House and make it available to everyone.

Next tours – 11am-12 noon. 26/02, 25/03

Bookings essential

5974 1288 / mtmarthahousehistory@gmail.com

ROOMS / HALL FOR HIRE

The Mount Martha House Community Centre, newly refurbished heritage building with views across the bay is available for commercial and community groups to hire. It is fully air conditioned and provides a board room with overhead projector, screen and whiteboard, meeting rooms, art and craft room, outdoor and indoor play space, counselling rooms, community and wellbeing room, hall with commercial kitchen. Cnr Esplanade and Dominion Road, Mount Martha

☎ 5974 2297 📧 mountmarthahouse@mornpen.vic.gov.au Office Hours - Monday to Friday 9am to 4pm

🌐 website mountmarthahouse.com.au 📍 [mount martha house community centre](https://www.facebook.com/mountmarthahousecommunitycentre)

Ample parking and a short stroll to Mt Martha village.

ORGANISATIONS AND CLUBS

BERG

BERG Mt Martha – the Balcombe Estuary Reserves Group Mt Martha Inc. – is a friends' group formed in 1997 to preserve and restore the bushland of the Balcombe Estuary Reserves. Enquiries 0447 160 288 / email info@berg.org.au

Balcombe Probus Club (Men)

New members welcome. The Club provides a social outlet for retired or semi-retired men. Monthly meetings are generally followed by an optional lunch at a local restaurant. We also provide a wide variety of other activities and events each month - something or things to suit everybody's tastes!

1st Tuesday of every month 9.30am

Enquiries: 0447 052 841

Probus Club of Mount Martha Inc.

New members welcome. The first Probus Club to be established in Mount Martha. We welcome retired or semi-retired professional or business men to visit us to experience our friendship and to learn more about Probus.

Meet 2nd Tuesday of every month 9.30am

Enquiries: Alan Yates

email marthaprobust@gmail.com

Lions Club of Mount Martha

New members are welcome. Club has provided Charitable Community service for over 33 years. We welcome retired/semi-retired or professional men/women to be our guest at our regular meeting and share a meal to experience our friendship.

The first Monday being a regular meeting and the third Monday being a Social event – 6:30pm for a 7pm start.

Enquiries Secretary John Thomas 0418 322 315

Email mtmartha.lions@gmail.com



1st Term - 2020 Programs and Activities – Tuesday 28 January to Friday 27 March

1st and 3rd Monday of the month
7pm for a 7.30pm start

Balcombe Ladies Probus

2nd Wednesday of every month, 9.45am
Further details lynn.loutit@gmail.com

Osborne Ladies Probus

New members welcome.
This friendly outgoing group meet not only to enjoy each other's company but to hear a wide range of wonderful guest speakers and to take part in visits to the theatre, cinema and places of interest. Within this Probus Club we also run the following groups: Golf, Walking, Book club, Dine out, Mahjong and Solo

Meet 3rd Tuesday of every month, 9.30am
Enquiries: Membership Secretary 5976 2955

Mornington Peninsula Beekeepers Assoc.

For those wishing to start beekeeping there can be no better advice than to join this club where you will learn everything about honey.

4th Wednesday 6.30pm-9.30pm
Enquiries Chris Daffy 0421 514 742
chrismurraydaffy@gmail.com

Peninsula Bushwalking Club

Encourage and foster positive experiences associated with walking and bushwalking, and to ensure the members are made aware of the safe and correct procedures in bushwalking through activities and the sharing of experiences with other club members.

1st Tues of the month 8.00pm-9.30pm (exc. January)

contactus@peninsulabushwalking.org.au

MMH MAILING LIST

Keep up to date with news, activities and events by joining the Mount Martha House mailing list:

See staff in the MMH office for details or

[email your interest](#) 

mountmarthahouse@mornpen.vic.gov.au



The Mount Martha House Community Programs are supported by the Mornington Peninsula Shire and Department of Health & Human Services through the Neighbourhood House Coordination Programs.